SAUK VALLEY COMMUNITY COLLEGE BUSINESS & COMMUNITY EDUCATION

SPRING 2024 SCHEDULE SVCC.EDU/CED CONVENIENT ONLINE REGISTRATION AVAILABLE





DISCOVER YOUR PASSION with Personal Enrichment Courses





SAVE THE DATE!

39TH ANNUAL CHILD FAIR

Saturday, June 1
Event held at SVCC









Coming to Sauk Summer 2024 Coming to Sauk Summer 2024 For kids

9une 10-14 Beats & Jams: Digital Music Creators
9une 17-21 3D Game Design with Unity and Video Game Animation
9une 24-28 A9 Adventures- 9utro to Machine Learning

July 1-5 Minecraft Modders

July 8-12 Code Breakers

July 15-19 Java Script Developer Jam

July 22-25 Summer Eurichment

Sauk

Personal Enrichment

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5 WAYS TO REGISTER Online: Visit svcc.edu/ced

Mail: Complete the enclosed registration form and return it along with full payment to Business & Community Education. Sauk Valley Community College, 173 IL Route 2, Dixon, IL 61021

Fax: Complete the enclosed registration form and fax it to 815.380.6383

In person: Complete the enclosed registration form and bring it to the Business & Community Education Department on the first floor, office 1M4 (East end). Payment may be made at that time.

In-person registration is open 8:00 a.m. – 4:00 p.m. Monday – Thursday,

and 8:00 a.m. – 1:30 p.m. on Fridays.

Phone: Call 815.835.6258 or 815.835.6212 and have your debit or credit card number ready for payment.

Registration & Payment Policy:

Registration is required to attend class. Payment is due at the time of registration. Payment can be made by mail, phone, fax, online, or in person.

Full or Cancelled Classes Policy:

The Business & Community Education Department reserves the right to limit enrollment or cancel a class or trip due to insufficient enrollment. For this reason, please register at least one week before the class or trip is scheduled to guarantee your class or trip is not cancelled. Every effort will be made to notify students that a class or trip has been filled or cancelled. Students will receive full refunds for full or cancelled classes and trips.

Bad Weather Cancellation Policy:

If SVCC cancels classes due to bad weather, Business & Community Education classes or trips will also be cancelled. Cancellations will be announced on area radio, TV stations and on our website, svcc.edu.

Refund & Withdrawal Policy:

<u>Withdrawal Policy:</u> Withdrawals must be completed by phone, call 815.835.6258 or 815.835.6212, or in person at the Business & Community Education Department Office, 1M04. Documentation is required for the student withdrawal to be processed. Please leave a message if no one is available to take your call.

Refund Policy: If classes or trips are cancelled due to low enrollment, students will receive a full refund. No refunds will be given to students who do not withdraw during business hours at least three business days before the class or trip. This excludes observed holidays.

No-Show / Non-Payment Policy:

Students who are "no-shows" are not withdrawn from a Business & Community Education non-credit class or trip automatically because they have registered and reserved a seat. **Students need to officially withdraw from a class or trip at-least three business days before it is scheduled to take place.** If a trip requires a ticket to be purchased, a refund may not be available. Please don't register unless you plan to attend the class or trip.

Payment Plan Options:

Students may enroll into a payment plan for classes that cost over \$500. Students can go to svcc.edu and search payment options for more information.

Give a Gift of Learning:

Looking for the perfect gift to give your spouse, children, friends, or relatives for birthdays, anniversaries or other special occasions? Do you want to reward your employees for a job well done? Call 815.835.6258 or 815.835.6212 to give a gift of learning.

Like us on Facebook at SVCC Community Education

facebook

Trips & Tours

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Day Trips

Mrs. Doubtfire: The New Musical Comedy

Everyone's favorite Scottish nanny is headed to Chicago! Rob McClure will reprise his tony-nominated Broadway performance on tour alongside co-star (and real wife!) Maggie Lakis in this internationally acclaimed hit musical critics call "wonderful, heartwarming, and laugh-out-loud funny" (Manchester Evening News) and "a feel-good, family-friendly comedy that delivers" (The Hollywood Reporter). Based on the beloved film and directed by four-time Tony Award® winner Jerry Zaks, Mrs. Doubtfire tells the hysterical and heartfelt story of an out-of-work actor who will do anything for his kids. It's "the lovable, big-hearted musical comedy we need right now," raves the Chicago Tribune – one that proves we're better together.

All ticket sales are final; however, a substitute may be sent in your place. The show is a 1:00 p.m. matinee and the tickets are located in the balcony. Travelers will have time to shop and/or eat lunch once we arrive in Chicago. There are places to shop and eat near the theater. Trip is limited to 50 participants. Trip includes transportation, driver gratuity, musical ticket, and bus snacks. Lunch in Chicago and dinner at Portillo's will be on your own. (Ages 16 & Up)

Bus departs SVCC North Parking lot promptly at 8:30 a.m., arriving in Chicago at approximately 10:45 a.m. Bus departs Chicago after the show at approximately 3:45 p.m. and will stop at Portillo's for dinner and arrive back at SVCC at approximately 7:30 p.m.

CRN:

Wednesday, March 6; 8:30AM-7:30PM Nederlander Theatre, Chicago, IL \$89 per person

Experience Wine Country & Galena

Our first stop will be the Fergedaboudit Vineyard & Winery in Hanover. Travelers will be able to enjoy a wine flight (three wines) of their delicious wines. Travelers are able to walk around the vineyard and estate while enjoying a glass of wine. We will then travel to downtown Galena where travelers can truly experience the essence of Galena and enjoy a relaxing day on your own schedule. Come for the sights, wine, shopping, and food. Trip is limited to 50 participants. Trip includes wine flight, travel snacks, transportation, and gratuities. (Ages 21 & Up)

Bus will depart the SVCC North Parking lot promptly at 9:30 a.m., arriving at Fergedaboudit Vineyard & Winery at approximately 11:00 a.m. Bus will depart Fergedaboudit Vineyard & Winery at 12:30 p.m. and will arrive in Galena at 1:15 p.m. and drop off on Green Street. The bus will depart Galena at 5:30 p.m. and arrive back at SVCC at 7:00 p.m.



CRN:80170

Saturday, April 13; 9:30AM-7:00PM Galena, IL \$79 per person

Extended Trips

Stop dreaming and start doing! Join Sauk Valley Community College on an upcoming trip through our travel partner Collette. Begin your adventure today! For more information about trip previews or to request a detailed trip itinerary, contact Brenda Helms at 815.835.6212.

Extended Trip Preview

Join us for a preview of the amazing upcoming extended trip to Iceland. A SVCC representative will showcase the trip and answer questions. *Call 815.835.6212 to RSVP or register online at svcc.edu/trips*.

CRN:80246

Wednesday, April 3; 6:00-7:00PM SVCC-Room 1H16 (Riverview Conference Room) FREE



collette



Iceland's Magical Northern Lights

Experience the "land of fire and ice" and chase the aurora borealis across an ethereal wonderland. In the dark of the night, search for the northern lights as you drift along on an evening starlit cruise. Travel the "Golden Circle," home to renowned natural wonders, and spend time at Thingvellir National Park, gaze at Gullfoss waterfall, and see the explosive geothermal fields at Geysir. Explore Skógar Museum and see traditional turf-built homes. Walk on a black volcanic sand beach. See Jökulsárlón glacial lagoon filled with floating icebergs. Relax in the warm, mineral-rich water of the Blue Lagoon. Spend your days surrounded by natural wonders and your nights in search of the elusive dancing lights. Travelers can view the itinerary and purchase their tickets online at https://gateway.gocollette.com/link/1191721. For more information call 815.835.6212. (14 seats remaining)

Trip dates (7 days): Monday, November 11 – Sunday, November 17, 2024

Cost: \$3,699 (double/per person); \$4,299 (single person); \$3,649 (triple)

11 meals included (6 breakfasts, 5 dinners)

Included in price: Round trip air from O'Hare Intl Airport, Air Taxes and fees/surcharges, hotel reservations.

Not included in price: Cancellation waiver and insurance is an additional \$449 per person.

Deposit of \$698 per person is due upon reservation.

Prices go up \$250 per person after May 12, 2024

Final payment due September 12, 2024

Coming Summer 2025: Alaska Discover Land & Cruise featuring a 7-night Holland America Cruise

Highlights include: Fairbanks • Sternwheeler Discovery • Music of Denali Dinner Theater • Denali National Park • Tundra Wilderness Tour • Luxury Domed Rail • Anchorage • Hubbard Glacier • Glacier Bay • Skagway • Juneau • Ketchikan • Inside Passage

Dates will be announced in April 2024 for this amazing trip.



Personal Enrichment

Aviation



Aviation Instrument

For the Advanced Pilot: Acquire an understanding of instrument scan techniques, IFR instruments, instrument maneuvers on full and partial, radio navigation aids for enroute, instrument approach and instrument departure, radar, holding patterns, Federal Aviation Regulations, weather theory and reporting, and the requirements of the Instrument Practical Test Standards. Successful completion of this course guarantees the student will be eligible to take and pass the F.A.A. Instrument Pilot Knowledge Exam (additional fee for F.A.A. Exam). Flying or airtime is not included in this class. This course will be conducted online through Google Meets. The classroom invitation and materials will be sent to students by email from the instructor. Textbooks and supplies for this class are: Pilot's Manual Volume 3: Instrument Flying Seventh Edition by Aviation Theory Centre, Ltd. Editorial Team and Test Prep 2024: Instrument Rating, by Aviation Supplies & Academics. Students may purchase all supplies online or locally from M & M Aviation Services, Ltd. Prerequisites: Private Pilot's License or instructor authorization. (Ages 17 & Up)

*Through the generous support of local donors, students who pursue their certification through SVCC Community Education and the Dixon Municipal Airport may be eligible to receive a reimbursement award up to \$2,000.

CRN:80238

(16 sessions), Mondays, January 29 - May 13; 5:30-8:30PM

LIVE ONLINE

Instructor-M & M Aviation \$400



Aviation Private Pilot Ground Training

Learn to fly by preparing for the Private Pilot Knowledge Exam. At the end of this course, you will understand operations of the flight controls and instruments, airport and airspace considerations, aircraft weight and balance, aircraft performance tables, basic weather meteorology, Federal Aviation Regulations, flight physiology, and emergency preparedness. After successful completion of this course, the student will be eligible to take the F.A.A. Private Pilot Knowledge Exam (additional fee for F.A.A. Exam). If the student has previously purchased this exam, please advise the instructor before the first class for instructor evaluation and approval. Flying or airtime is not included in this class. **This** course will be conducted online through Google Meets. The classroom invitation and materials will be sent to students by email from the instructor. Textbooks and supplies for this class are: Complete Private Pilot, Bob Gardner Thirteenth Edition by Aviation Supplies & Academics, Inc. and Test Prep 2024: Private Pilot, by Aviation supplies & Academics. Students must possess an aviation E6B flight computer and an aviation rotating plotter. Students may purchase all supplies online or locally from M & M Aviation Services, Ltd. (Ages 15 & Up) *Through the generous support of local donors, students who pursue their certification through SVCC Community Education and the Dixon Municipal Airport may be eligible to receive a

CRN:80239

(14 sessions), Tuesdays, February 6 - May 7; 5:30-8:00PM

LIVE ONLINE

Instructor-M & M Aviation \$300

reimbursement award up to \$2,000.



New

Multimedia Drawing

For students of any skill level, this course will explore drawing with different forms of media (pencil, charcoal, chalk, etc.). <u>All supplies are included.</u> (Ages 18 & Up)

CRN:80231

(6 sessions), Wednesdays, March 20 – April 24; 5:00-6:30PM SVCC-Room 3K04 Instructor-Ben Miller \$69



New

Painting for Amateur Artists

A beginner level course, students will begin with some basics such as color mixing and brush techniques. Then you will explore some different styles of both abstract and realistic. <u>All supplies are included</u>. (Ages 18 & Up)

CRN:80230

(6 sessions), Wednesdays, May 1 – June 5; 5:00-6:30PM SVCC-Room 3K04 Instructor-Ben Miller \$69

Computer



Introduction to Computers

Do you have employees that need to learn computer basics? Students will discuss terminology and learn the basic "need to know" aspects of the computer. Explore the keyboard, mouse, and basic Windows commands. The class will wrap up with tackling some basic internet browsing and email tasks. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80185

(2 sessions), Tuesday, January 23 & Thursday, January 25; 2:00-5:00PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$80

File Management

Learn to manage your folders and files. We will review the cut, copy, paste, and rename commands. File management will allow you to store data (pictures, letters, recipes, etc.) on your PC in an organized manner which makes it easier to retrieve and it will enable you to backup data. Learn to copy or move data to an external storage device. Get your photos off your memory card! Prerequisite: Basic computer knowledge and skills required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80186

(1 session), Wednesday, January 31; 2:00-6:00PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$70

Microsoft Word - Level One

Microsoft Word is a word processing program used to generate documents. You will create several documents as you learn about page definition, margins, tabs, editing, enhancing text, spell check, saving, printing, and retrieving documents. Learn about available shortcuts, basic editing techniques, paragraph and character formatting, and controlling page appearance. Prerequisite: Basic computer and typing skills required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80187

(1 session), Wednesday, February 7; 12:30-5:30PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$85



Microsoft Excel - Level One

Learn basic spreadsheet operations, spreadsheet design, layout, math operations, controlling page appearance, and printing spreadsheets. An emphasis is placed on writing formulas to obtain desired results. Use shortcuts to accomplish tasks as you set up several spreadsheets. A basic understanding of keyboard and mouse operations as well as the fundamental Windows operations is required to operate Excel. Prerequisite: Basic understanding of keyboard and mouse operations as well as the fundamental Windows operations is required to operate Excel. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80188

(1 session), Monday, February 26; 12:30-5:30PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$85

CRN:80189

(1 session), Wednesday, February 28; 12:30-5:30PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$85

Microsoft Excel – Level Two

Take your knowledge of Microsoft Excel and maximize the power of this software as you explore linking, sheet management, and using advanced formulas to summarize data. Prerequisite: Basic computer and typing skills and knowledge of formula writing in Microsoft Excel required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80190

(1 session), Monday, March 11; 12:30-5:30PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$85

Microsoft Excel - Advanced Formulas

We will explore additional advanced formulas: use your vlookup formula to search, find, and input data automatically for you. If/then statements allow you to test your data: we will explore traditional if/then statements as well as the nesting of if/then in formulas. Conditional formatting will aid you in evaluating your data and we will use this feature in class. Prerequisite: Basic computer and typing skills and knowledge of formula writing in Microsoft Excel required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80191

(1 session), Wednesday, March 13; 12:30-5:30PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$85



Microsoft Excel - Graphing

Set up and modify graphs in Microsoft Excel. Learn how to tie the graph to your data, generate different types of graphs, modify text and title, add legends, and messages. Prerequisite: Basic typing skills and knowledge of computers and basic knowledge of writing formulas in Microsoft Excel required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80192

(1 session), Tuesday, April 2; 2:00-5:00PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$55

Microsoft PowerPoint – Level One

Microsoft PowerPoint is a program used to create slide show presentations. You will learn about backgrounds, colors, pictures, text, and transitions as you create your own slide show presentation. Learn all the basics. You will be making some impressive slide show presentations in no time! Prerequisite: Basic computer and typing skills required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80193

(1 session), Wednesday April 3; 12:30-5:30PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$85

Microsoft Excel – Pivot Tables & Data Management

Manage data in Excel using Sorting and Filtering. Pivot tables in Microsoft Excel will allow you to extract some meaningful information from the data. Pivot tables allow you to quickly summarize and analyze large amounts of data in lists and tables independent of the original data layout in your spreadsheet. You can do this by dragging and dropping columns to different rows, columns, or summary positions. Learn to design pivot tables and customize their appearance for reporting purposes. Prerequisite: Basic typing skills and knowledge of computers and Microsoft Excel required. Class size is limited to 10 students. (Ages 16 & Up)

CRN:80194

(1 session), Thursday, April 4; 2:00-5:00PM SVCC-Room 3K02 Instructor-Marcy Lawrence \$55

Dance



New

Beginner Country Line Dancing

Students will learn the basic steps and fundamental techniques of line dancing. The instructor will guide you through popular line dances teaching essential footwork and choreography step by step. No prior dance experience required. Students are encouraged to bring water to drink to stay hydrated during class. (All Ages)

CRN:80240

(8 sessions), Saturdays, April 27 – June 27 (no class 5/25 & 6/1); 10:00AM-12:00PM SVCC-Dillon Mall Instructor-Donna Kithcart FREE

Basic-Intermediate Ballroom Dance

Whether you think you can dance or not, Dennis and Sandy will help you reach your dancing goals and you'll have a great time doing it! It's great physical and mental exercise; while at the same time, spending time with friends or that special someone you care about. Rumba is easy to learn and a great way to start enjoying Latin dances. It will provide lovely, romantic steps to your dance step repertoire. NCII gives you an alternative to the usual slow dancing of just swaying back and forth with some beautiful, soft flowing steps. It's a great dance, no matter what genre the music comes from country, modern, or 50-60's. Get comfortable stepping out onto the dance floor and enjoy ballroom dancing for a lifetime. Proper dance technique, frame, posture, floor crafting, and beat identification will be covered. Students are allowed to video steps in class for personal use. No dance experience is required. Hard soled shoes are recommended and a partner is suggested, but not required. All classes will be held in the Dillon Mall (East entrance) and instructed by Dennis and Sandy Scheckel. (Ages 16 & Up)

Rumba CRN:80220

(4 sessions), Tuesdays, March 5 – 26; 6:30-7:30PM \$50 per person

Night Club Two CRN:80221

(4 sessions), Tuesdays, April 2 – 23; 6:30-7:30PM \$50 per person



Intermediate-Advanced Ballroom Dance

If you already have some dance experience, this class will improve your skills by learning new steps and combinations. West Coast Swing brings another element of fun and will definitely add to your swing dancing pleasure. WCS is perfect for that slow Swing and Blues music that is just a bit too slow for regular swing. To increase your slow dancing abilities, Dennis and Sandy are offering Bolero. Definitely, not just for Latin music, Bolero can be enjoyed for a variety of different genres of music. The lovely, romantic steps of Bolero will add to your enjoyment. The patterns we'll teach will be small dance floors and can be used for venues' such as clubs, wedding, blues festivals, big band dances, and 50's and 60's performances. Proper dance technique, frame, posture, floor crafting, and beat identification will be covered. Students are allowed to video steps in class for personal use. Hard soled shoes are recommended and a partner is suggested, but not required. All classes will be held in the Dillon Mall (East entrance) and instructed by Dennis and Sandy Scheckel. (Ages 16 & Up)

West Coast Swing CRN:80222

(4 sessions), Tuesdays, March 5 – 26; 7:30-8:30PM \$50 per person

Bolero CRN:80223

(4 sessions), Tuesdays, April 2 – 23; 7:30-8:30PM \$50 per person

Finance



Retirement Planning Today®

Retirement Planning Today® is designed for adults looking to retire within the next 15 years. The course is designed to teach you how to build wealth and align your money with your values to accomplish your goals in life. You will also learn how to save money on taxes, manage investment risks and protect assets from potential long-term health expenses. You will receive an easy-to-understand education on life planning and retirement planning strategies and two workbooks (one at each session) with examples and illustrations. (Ages 40 & Up)

CRN:80207

(2 sessions), Thursdays, January 18 & 25; 6:00-9:00PM SVCC-Room 2C08 Instructor-Regan Shipp, CPA, CFP® \$49 per couple

CRN:80208

(2 sessions), Tuesdays, January 30 & February 6; 6:00-9:00PM SVCC-Room 2C08 Instructor-Regan Shipp, CPA, CFP® \$49 per couple

Instructor Spotlight

Regan is a Certified Financial Planner® and Certified Public Accountant (CPA) with Rosemeyer Management Group. In addition to this, she teaches Retirement Planning courses multiple times each year with the goal of using her expertise to help educate those nearing, entering or in retirement in the Sauk Valley area. Her hope is to provide



education that looks at the full picture - integrating education on investing, risk management strategies, tax planning, retirement planning, estate planning and more. It is her goal that her clients and classes learn about and understand the components of a comprehensive financial plan that will lead them to financial success and freedom for the duration of their life. On a personal note, Regan grew up on a farm in Buda and currently resides in Deer Grove with her husband, Payton, and their son, Lincoln. When she's not working, she enjoys spending time with family and friends, being outdoors and training for half and full marathons.

Preparing Your Estate Plan

This class offers a basic overview of estate planning: account registration, beneficiary designation, will, trust, tax information, life insurance, and TOD. (Ages 18 & Up)

CRN:80209

(1 session), Tuesday, March 19; 6:00-7:00PM SVCC-Room 2M07 Instructor-AJ Sharp \$15



Social Security: Your Questions Answered

Learn ways to maximize Social Security benefit amounts for the individual and spouse based on age, life expectancy, employment and need. (Ages 18 & Up)

CRN:80210

(1 session), Tuesday, April 2; 6:00-7:00PM SVCC-Room 2M07 Instructor-AJ Sharp \$15

Health Care & Your Retirement

The potential impact of rising healthcare costs on retirement savings. Includes an introduction of Medicare coverage costs, long-term care costs, and available options for supplemental health care and long-term care insurance. (Ages 18 & Up)

CRN:80211

(1 session), Tuesday, April 16; 6:00-7:00PM SVCC-Room 2M07 Instructor-AJ Sharp \$15

Standing Guard: Protect What You've Worked For

Share strategies designed to help guard valuable assets and protect pre-and-post-retirement income. Discusses impact of longevity, withdrawal strategies, anticipating rising costs, and reviewing insurance/LTC. (Ages 18 & Up)

CRN:80212

(1 session), Tuesday, April 30; 6:00-7:00PM SVCC-Room 2M07 Instructor-AJ Sharp \$15

Health & Safety

American Red Cross CPR/First Aid/AED

Students will receive American Red Cross CPR training for adult, child, and infant, First Aid Certification, and proper AED training. This class is suitable for individuals needing certification for employment as well as those looking to expand their skill set. Certification card is included. (Ages 13 & Up)

CRN:80215

(1 session), Saturday, February 10; 9:00AM-1:00PM SVCC-Room 1H16 (Riverview Conference Room) Instructor-Heather Grobe \$79

CRN:80214

(1 session), Saturday, April 13; 9:00AM-1:00PM SVCC-Room 1H16 (Riverview Conference Room) Instructor-Heather Grobe \$79

Hobbies & Special Interest



Baseball & Softball Umpiring

Become a softball and/or baseball umpire. Students, teenagers through senior citizens, will be prepped for umpiring softball and/ or baseball at the high school and youth levels, enabling them to make hundreds of dollars each season while participating in a sport they enjoy. This class will address professionalism, conflict resolution, communication skills, rules knowledge, game acquisition, mental training, and on field practice. With over 30 years of coaching and umpiring experience, the instructor will prepare individuals of all ages for an exciting and fulfilling parttime job of working with young athletes on local ball diamonds. Student training includes field work, videos, guest speakers, reading and observation assignments, and online assessments. This class will prepare students to sit for the IHSA softball and/or baseball umpire exam (fee not included). This class is designed for in person participation, but is available virtually (weeks 1 - 3 only) if students are not able to commit to attending in person twice a week. *Hybrid students will receive an invitation to the virtual* classroom. (Ages 15 & Up)

CRN:80229

(6 sessions), Classroom Mondays & Wednesdays, February 19 – March 6; 6:00-8:00PM

(2 sessions), Field Experience Monday & Wednesday, March 11 & 13; 5:00-7:00PM

Classroom: Hybrid & SVCC-Room 2C13 Field Experience Location: TBD Instructor-Thomas Nance, IHSA Official \$89

How to Create a Life Vision

Have you found yourself challenged every new year to follow through on your commitments and goals? 80% of New Year's resolutions fall to the wayside in the first 30 days and ONLY 9% are achieved by the end of the year. Genesis is here to help you change the status quo and give solid strategies to ensure yearly success! As a visionary leader in personal development Genesis has seen the ups and downs of goal setting and follow through. She has since created a fun, thought provoking workshop that helps her students create a strategic action plan guaranteed to help develop a new mindset for success!

In this impactful 2 day virtual workshop you will learn how to create a powerful vision, how to develop measurable and attainable daily goals, understand how to work through limiting beliefs and setbacks and establish new positive habits. Join Genesis and start the year with a bang! (Ages 18 & Up)

CRN:80247 LIVE ONLINE

Wednesdays, January 17 & 24; 6:00-7:30PM Instructor-Genesis Hey Krick, M.A., CLC \$115

Instructor Spotlight

Genesis Hey Krick, M.A., CLC, is a thrill seeker, an adventurous spirit and an inspirational powerhouse. She is a mom of four, an Executive Business Coach and High Performance Strategist. She works with high profile women who are ready to serve their clients in a higher capacity while still maintaining balance and stability



within their personal and professional life. She is founder and CEO of Dream Ignite Build which provides coaching. community and connection to established business owners and individuals, who are ready to scale and make big shifts to create new opportunities and pursue higher levels of success. She has written and collaborated on five books with her most popular being "Unleash Your Potential." She has spoken to 100's of organizations sharing various topics on making impact, creating generational wealth and helping others create strategic plans. She inspires entrepreneurs worldwide by sharing her story and provides tools and resources to overcome even the hardest circumstances. Genesis has over 10 years of experience working with entrepreneurs and high level executives and continues to pursue new ways to advance her personal expertise. When she isn't working with clients you will find Genesis writing her next book, going for a run or spending time with her kiddos, drinking coffee and eating cake pops!

Vintage Garden Tool Planter Demo

Students will be shown the steps to create a unique utility planter with repurposed tools. (Ages 16 & Up)

CRN:80224

(1 session), Thursday, April 25; 6:00-8:00PM SVCC-Room 1H16 (Riverview Conference Room) Instructor-James J. Brown \$25





Introduction to Voiceovers (Getting Started in Voice Acting)

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One time, 90 minute, one-on-one, video-chat class! Learn more at http://www.voicesforall.com/ooo. Upon registration you will be contacted by Voices for All to schedule your class for a day and time of your convenience. Students must have internet access and video chatting capabilities. Sessions must be completed by Saturday, May 11. (Ages 18 & Up)

CRN:80225

(1 session), Open Enrollment; 90 minutes

LIVE ONLINE Instructor-Voices for All
\$50

Language

Conversational Spanish for Beginners

Students will learn the fundamentals of basic conversational patterns, vocabulary, and enough grammar to communicate effectively in a non-judgmental atmosphere. Students will be able to communicate successfully in social situations using the four language skills: listening, speaking, reading, and writing. (Ages 16 & Up)

CRN:80227

(8 sessions), Mondays, January 29 – March 25 (no class 3/11); 5:30-7:30PM SVCC-Room 2L05 Instructor-Ana Lara \$99



Conversational Spanish Intermediate

Learning Spanish can be a life changing experience. Students will gain access to the Spanish speaking world to improve their job, media, and traveling. Students will be able to converse, read, and write in Spanish. (Ages 16 & Up)

CRN:80226

(8 sessions), Mondays, April 1 – May 20; 5:30-7:30PM SVCC-Room 2L05 Instructor-Ana Lara



Discover Sign Language

Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression. This course will teach you how to sign basic phrases and complete sentences and how to put it all together, allowing you to introduce yourself and start a conversation. Along the way, you will learn signs for colors, numbers, locations, family, and the activities you like to do. You will also gain an introduction to the world of the Deaf culture and explore topics such as lip reading, baby signs, and the career of interpreting. *Register online at ed2go.com/svcc.* (Ages 15 & Up)

ONLINE

(12 sessions), 6-week access \$115

Music



New

How to Teach Yourself Guitar

This course is for those who have always wanted to play guitar. Students learn how to tune their guitar, how to read tabs and chord pro, and to continue on their own using the internet. <u>Students will need to bring a guitar to every class</u>. Class size is limited to 10 students. (Ages 14 & Up)

CRN:80232

(4 sessions), Wednesdays, February 14 – March 6; 5:00-5:30PM SVCC-Room 1H16 (Riverview Conference Room) Instructor-Ben Miller \$20



You Can Uke!

This hands-on, action packed class offers immediate, get to know it, get to love it, get to do instruction on "the instrument of the 21st Century – the noble ukulele". Love those old classic songs? Love the new ones? Want a friendly partner on the porch? The ukulele is a gateway that opens up all kinds of music and all kinds of fun. Bring friends and family (the course makes a great gift too). No musical experience required. If you have long fingernails, you might wish to trim them in order to play more effectively. Cost includes a great uke, an electronic tuner, and a workbook/songbook. (Ages 12 & Up)

CRN:80248

(1 session), Saturday, March 23; 9:00AM-12:00PM SVCC-Room 1H16 (Riverview Conference Room) Instructor-Todd Volker \$119

Traffic Safety Program



Defensive Driving

Do you need to brush up on your driver safety or understand the impact of distracted driving? Drivers can overcome negative psychological factors such as fatigue, stress, emotional distress, and road rage by learning safe driving techniques. Gain a positive attitude behind the wheel while focusing on driving safely. This course will provide you with the skills and knowledge that you need to be a safe driver, prevent collisions, and understand distracted driving. For more information call 815.835.6365. (Ages 15 & Up)

CRN:80151ONLINE; 4 hours \$75

Writing

Instructor LeeAnne Krusemark is an author, speaker, business owner, and guest instructor at more than 200 colleges from Maine to Hawaii, as well as an adjunct online professor of publishing through Ed2Go at more than 2,000 facilities worldwide, including Harvard. (For more information, visit KrusemarkGrinnell.com)

All the Writing classes will be held online using a secure Zoom Education Account. The Zoom login information will be emailed the day before class to students.

How to Write Your Life Story

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed. (Ages 16 & Up)

CRN:80195

(1 session), Saturday, March 2; 10:00AM-1:00PM **LIVE ONLINE** \$55 includes material fee



Be a Better Writer: 10 Easy Tips to Improve Your Writing Now

We write everyday: emails, social media posts, work projects, and even non-fiction or creative writing. Improving is just a matter of knowing some simple tricks to make your writing more impactful and readable, and may help get you a promotion at work or avoid rejection from a publisher. In this hands-on session, there will be writing/editing examples and exercises so you can see in real time how to make sentences flow properly while still maintaining reader interest, and you will leave with a workbook full of writing tips and tricks, which is included in the class fee. (Ages 16 & Up)

CRN:80196

(1 session), Saturday, March 2; 3:00-6:00PM LIVE ONLINE

\$55 includes material fee



Explore the World as a Travel Writer

If you love to travel and love to write, this is for you! We will discuss how to use all your senses in a new destination to create more detailed and in-depth descriptions that capture and maintain readers' interest, and whether or not you need to include photos with your work. You will also learn how to find and submit your finished product to print and online markets, the business side of travel writing (how to take travel tax deductions), and how to avoid worn-out travel writing clichés. (Ages 16 & Up)

CRN:80197

(1 session), Monday, March 4; 4:00-6:00PM LIVE ONLINE \$45 includes material fee



Beginner's Guide to Getting Published

Did you know Stephen King was rejected 75 times before he sold his first novel? If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel to a traditional publisher, this comprehensive workshop will guide you to, then past the editor's desk. You will discover how to:

- become a "published" writer overnight
- submit manuscripts the correct way
- find the right publisher for your work
- write irresistible query letters
- determine when and how to get an agent
- 100 ways to make money as a freelance writer
- obtain FREE future Q&A opportunities

If you really want to succeed, this step-by-step workshop is a must! (Ages 16 & Up)

CRN:80198

(1 session), Tuesday, March 5; 6:00-8:00PM

LIVE ONLINE

\$45 includes material fee



Comedy Writing: How to Be Funny on Paper or on Stage

Whether you need to make a dull work presentation livelier, mix laughter with learning in the classroom, or ultimately want to write for print/production or perform your own stand-up routine, this fast-paced session will show you how to apply humor to all aspects of your life. You will learn the anatomy of a joke, how to use your powers of observation to sharpen your wit, write different types of jokes, and use humor to entertain and influence people. (Ages 16 & Up)

CRN:80199

(1 session), Thursday, March 7; 4:00-6:00PM

LIVE ONLINE

\$45 includes material fee



Write a Riveting Mystery, Suspense, or Crime Story

Become a mystery writer for fun or profit! You will discover the different sub-genres and three-act story structure of mystery writing and create an intriguing cast of characters. Learn how to research and pick your setting, make sure your opening grabs readers' attention, use "red herrings" to misdirect your readers and create suspense until you're ready for the final reveal. Publishing options will also be discussed. (Ages 16 & Up)

CRN:80200

(1 session), Thursday, March 7; 6:00-8:00PM LIVE ONLINE \$45 includes material fee

New

Write Your First Novel (In 90 Days!)

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! This class will also help you stay motivated throughout the journey. You will learn how to:

- select your novel genre and develop a compelling premise
- create multidimensional characters and immersive settings
- craft a detailed plot outline
- manage your time to keep your writing flow consistent
- combat common roadblocks including writer's block
- master the art of self-editing: refining your plot, and fixing pacing, dialogue, and characterization problems.
- receive constructive criticism from beta readers
- explore publishing options

By the end of this class, you will know how to complete your novel and have the knowledge and confidence to move forward with the publishing process. (Ages 16 & Up)

CRN:80201

(1 session), Friday, March 8; 6:00-8:00PM LIVE ONLINE \$45 includes material fee

How to Outline & Write an Irresistible Romance

Romance is the #1 selling fiction genre. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. You will discover the different romance sub-genres and understand the proven romance formula. You will also learn to create a unique setting, introduce your protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options will also be discussed. (Ages 16 & Up)

CRN:80202

(1 session), Saturday, March 9; 10:00AM-12:00PM LIVE ONLINE \$45 includes material fee



New

Beginner's Guide to using Free Chat GPT (AI)

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! No prior AI experience required. Do you want to learn how to incorporate the power of cutting-edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts? In this beginner-friendly course, you'll learn how to:

- register for a FREE ChatGPT account
- input effective writing prompts to avoid nonsense responses
- build creative content, from stories to marketing copy
- determine its capabilities and limitations
- understand ethical/legal considerations using ChatGPT

There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI, so start building your expertise in the world of ChatGPT now! (Ages 16 & Up)

CRN:80203

(1 session), Saturday, March 9; 1:00-3:00PM LIVE ONLINE \$45 includes material fee

College for Kids



Babysitting Preparedness

Learn how to be a safe, professional, and reliable babysitter. Training includes topics such as choosing age appropriate activities, basic child care, professionalism, and safety. Training is certified through the American Red Cross. Students will need to bring a lunch and a baby doll if possible. Babysitting kit and certification included. (Ages 11 & Up)

CRN:80213

(1 session), Monday, February 19; 9:00AM-2:00PM SVCC-Room 2L06 Instructor-Heather Grobe



New

DIY Bottle Terrariums

Explore the enclosed world of bottle terrariums, self-contained plant environments within glass. Join us to explore terrariums, their needs, and how to create a bottle version of a terrarium to take home with you. If students would like to turn a specific bottle into a terrarium, please bring it otherwise one will be provided. This class would be for an individual or great family activity. Supplies are included. (Ages 10 & Up)

CRN:80235

(1 session), Saturday, March 9; 9:30-11:00AM SVCC-Room 2L05 Instructor-Bruce Black, U of I Extension \$20 per terrarium



Illinois Extension



New

Mindful Mechanics

Through 4-H Mindful Mechanics, teens are encouraged to build positive relationships by expressing care, concern, and gratitude for others, build beliefs in themselves, practice selfdiscipline, self-control, and self-reflection, and serve others. The overall program aims to promote mindful practices that lead to improvements in managing one's goals, developing a sense of self, time management, stress management, and emotional regulations. Supplies are included. (Ages 13-19)

CRN:80236

(4 sessions), Mondays, March 18 - April 8; 5:00-6:00PM SVCC-Room 2L07 Instructor-Danielle Gapinski, U of I Extension





New

Bullet Journaling

While our lives may be constantly on the move, and the convenience of having so much at our fingertips in digital form, there is a great deal of benefit to putting pen to paper. According to Psychologist Lara Jakobsons, MD, we are forced to slow down and utilize mindfulness when writing, which engages a different part of our brains in a way different than typing. The benefits of bullet journaling can help organize life tasks, thoughts, and feelings, help identify stressors, help process emotions and intrusive or avoidant thoughts, gain insight and confidence, and promote empathy. Not only does bullet journaling allow for recording goals, achievements, thoughts, and reflections, but it can do so in a creative way! Supplies are included. (Ages 12 – 19)

\$12

(1 session), Wednesday, April 3; 5:00-6:00PM SVCC-Room 2L07 Instructor-Danielle Gapinski, U of I Extension





16 • Personal Enrichment



Succulent Wreaths

Bright and textured succulent wreaths are living plant wreaths for any occasion or holiday. Succulents are desert plants adapted as houseplants. Learn more about what succulents are, their biology, how to build your own wreath and how it needs to be cared for. Make and take home your own succulent wreath. This class would be for an individual or great family activity. <u>Supplies are included</u>. (Ages 12 & Up)

CRN:80234

(1 session), Saturday, April 13; 9:30-11:00AM SVCC-Room 1C01 Instructor-Bruce Black, U of I Extension \$29 per wreath



Junior Vet University Coming Summer 2024

Join us for a fun and educational day to experience a day in the life of a Veterinarian! (Ages 8 - 13)

Date: July 13

Location: Sauk Valley Community College For more information and online registration go to www.wcfbfoundation.org/junior-vet-university.

Virtual S.T.E.A.M. Classes

Black Rocket presents fun, interactive classes online for the spring starting in January 2024. Classes are offered online for kids ages 8-14. Classes include A.I. Adventures - Intro to Machine learning, Adventures in Augmented Reality!, Cyber Spies, 3D Game Design with Unity, Cloud Games: Mobile App Development, Code Breakers, Minecraft Animators, Minecraft Modders and much, much more! Save \$10 when you use the SVCC discount code. Enter "SVCC"

into your registration form. For more information or to register, visit https://blackrocket.com/online/svcc/



Instructors Wanted!

Do you have a special skill or knowledge of a certain subject matter? Choose a day & time that works for your schedule and share it with the community. Adult and College for Kids class topic examples are Art, Cake Decorating, Culinary, History, and Technology. There are endless possibilities. Call Brenda Helms at 815.835.6212 or email at brenda.helms@svcc.edu



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> Programs are partially funded by grants from the Illinois Arts Council Agency and The Chicago Community Trust.









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